



**N.O.O.S.H**

**Seniors Program Term 3 Week 1: Children's Choice**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

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**Afternoon Tea**  
3.05pm – 3:30pm

**Activity**  
3.30pm – 5:30pm

**Physical Activity/Sport**  
3.45pm – 5:15pm

**Spontaneous activities**

Vac care

Pom Pom Shooters  
Oval



Meringue  
Noosh Building



Making Sherbert  
Oval



Straw Rockets  
Oval



Vac care

Bullrush  
Oval



Bottle flipping  
challenge (F AS)  
Basketball Courts



Slam Ball  
Oval



Penalty called  
shots (F SL)  
Oval



Programming Codes:

F: Follow Up

DD: Daily Diary









CC: Cultural Considerations

CS: Child Suggestion

PS: Parent Suggestion

SS: Staff Suggestion

E: Extension

Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
				
				

TUESDAY:

PM: <https://littlebinsforlittlehands.com/pom-pom-shooter/?epik=dj0yJnU9amNmQTA2M1ZSWEw1S2lsZEt5dDdOdVpibXYxTDVSeTQmcD0wJm49YkJ3V1hgUWRyQ3VgNnhkcC1fbzB6USZ0PUFBQUFBR1NsUGw0>

WEDNESDAY:

PM: <https://addapinch.com/how-to-make-meringue-recipe/>

THURSDAY:

PM: <https://www.kidspot.com.au/kitchen/recipes/make-sherbet-recipe/tp6o99fc>

FRIDAY:

PM: <https://www.itsalwaysautumn.com/fourth-of-july-crafts-for-kids.html>

## Resources



**4 large egg whites**



**1/4 teaspoon cream of tartar**



**1/4 cup sugar**

- 1 tsp citric acid
- 2 tbsp icing sugar
- 3 tbsp jelly crystals (any flavour you like)
- 1 tsp baking soda

## straws

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