



**N.O.O.S.H**

**Program Term 1 Week 8: Harmony Week  
21st - 25th March 2022**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Breakfast  
7am – 8.30am**

A selection of cereals including Cheerios, Rice Bubbles, Cornflakes and Wholemeal toast with a selection of spreads

**Creative Activities  
7am – 8.30am**

Food Alphabet

Harmony Day  
Crossword + Puzzle

Finger Knitting

Hangman Variations  
(F)

Hama Beads

**Activities and  
Games  
7am – 8.30am**

Basketball

Soccer

Oztag

Cricket

Complete the Song  
Challenge (F)

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*Programming Codes:*

*F: Follow Up*

*DD: Daily Diary*

*CC: Cultural Considerations*

*CS: Child Suggestion*

*PS: Parent Suggestion*

*SS: Staff Suggestion*

*E: Extension*



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**Afternoon Tea**  
3.15pm – 3:45pm

Flavoured Rice Cakes

Fruit Salad &  
Custard

Cruskits

Chicken Noodle Soup

Vegetarian Spring  
Rolls

**Free Play Stations**

Straw connector rods

Puppets and soft  
toys

Dress Ups

Stickle bricks

Cards/board games

**Juniors Activity**  
3.30pm – 5:30pm

Making Maracas (F)

Origami Frogs (F)

Group Storytime  
Activity (F)

Chalk Drawing (F)

Diversity Painting

**Spontaneous  
Activities**

**Sport**  
4:00pm – 5:30pm

Nerf Wars

Soccer

Capture the Flag  
with cool flags,  
cones & fun  
equipment (F)

Soccer Attacking  
Drills (F)

44 Homes

**Late Activity**  
5:45pm – 6:30pm

Heads Down  
Thumbs Up

Movie

Golden Child

Musical Statues

Pacman

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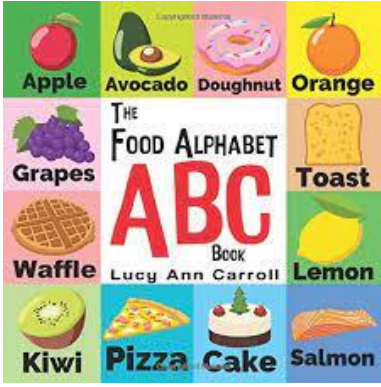
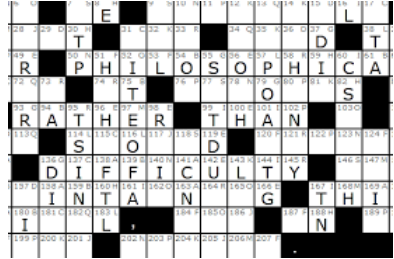








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Monday AM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM
				
Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
				

## MONDAY

AM: Food Alphabet - Worksheet sent via email. Placed in Matt/Juniors folder.

PM: Fill plastic water bottles with rice, pastas, any materials (buttons etc) that will make a sound. Explore how each bottle sounds, and allow children to create.

## TUESDAY:

AM: Acrostic Puzzle - <https://www.harmony.gov.au/Documents/get-involved/acrostic-puzzle1.pdf>

Harmony Day Crossword - <https://www.harmony.gov.au/Documents/get-involved/crossword-puzzle.pdf>

PM: Origami Frogs - [https://www.itsalwaysautumn.com/origami-jumping-frogs-easy-folding-instructions.html#a5y\\_p=3621073](https://www.itsalwaysautumn.com/origami-jumping-frogs-easy-folding-instructions.html#a5y_p=3621073)

## WEDNESDAY:

AM: Finger Knitting - optional video: <https://www.youtube.com/watch?v=MsZsUBYU0qU>

PM: Gather some children and read them a story inside NOOSH. Let them choose, and possibly take turns reading. This could lead into a writing activity!

## THURSDAY:

AM: Play hangman on the whiteboard!

PM: Chalk Drawing - allow for flexibility and creativity. Child led creations. Examples include rainbows, portraits, environments, animals etc.

## FRIDAY:

AM: Hama Beads

PM: Painting / colouring to music: Listen to a diversity of music styles and represent what you hear with different colours and brushstrokes to create an abstract piece. Find cultural music on Spotify or Youtube (eg BEK Youtube Channel, Ancient Russian Folk Music, Ukrainian Middle Age Music).

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