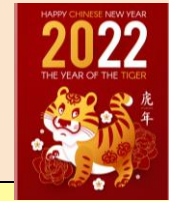




**N.O.O.S.H**

**Program Term 1 Week 1: Choose Your Own Adventure Week  
& Celebrating Chinese New Year  
31st Jan - 4th Feb**



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

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G**

**Breakfast  
7am – 8.30am**

A selection of cereals including Cheerios, Rice Bubbles, Cornflakes and Wholemeal toast with a selection of spreads

**Creative Activities  
7am – 8.30am**

Vac Care

Shadow science  
Make Dumplings

Making masks

Musical Chairs (F)

Yum Cha Scene  
in pretend kitchen  
area  
  
Board games (F),  
Mahjong,  
checkers, jacks,  
etc.

**Activities and  
Games  
7am – 8.30am**

Vac Care

Catch the  
Dragon's Tail  
game

Ping Pong (Indoors)  
  
Cricket

"44 Home"  
&  
handball

Chinese Ball  
& other ball games

*Programming Codes:*

*F: Follow Up*

*DD: Daily Diary*

*CC: Cultural Considerations*

*CS: Child Suggestion*

*PS: Parent Suggestion*

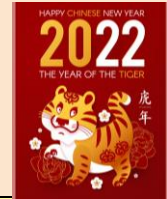
*SS: Staff Suggestion*

*E: Extension*


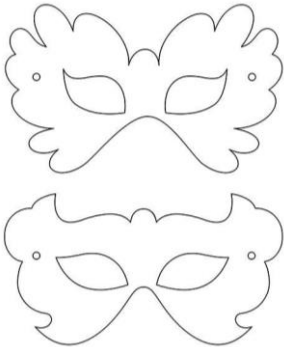












N.O.O.S.H

**Program Term 1 Week 1: Choose Your Own Adventure Week  
& Celebrating Chinese New Year  
31st Jan - 4th Feb**



		Monday	Tuesday	Wednesday	Thursday	Friday
<b>A F T E R N O O N</b>	<b>Afternoon Tea</b> 3.15pm – 3:45pm	Vac Care	Sao Crackers with toppings Fortune Cookies	Beef &/or Bean Nachos	Fruit salad & Yoghurt cups	Assorted Cereals & Milk
	<b>Free Play Stations</b>	Vac Care	Stickle bricks & Building pieces	Multicultural Dress ups	Straw Connectors & Magnetic cars	Colouring in, Shadow puppets
	<b>Juniors Activity</b> 3.30pm – 5:30pm	Vac Care	Marble Art	Beaded necklace art (F)	Shaving cream sensory bags	Leaf Art (F)
	<b>Seniors Activity</b> 3.30pm – 5:30pm	Vac Care	Eat Dumplings & Green Tea Wishing Tree	Lantern Making	Fortune Writing & Calligraphy	Ninja Game (FF PA)
	<b>Sport</b> 4:00pm – 5:30pm	Vac Care	Oz Tag Bean bags/ hacky sacks	Cricket & Badminton	Soccer & Kite Flying	Survival Tag & Ribbon dancing
	<b>Late Activity</b> 5:45pm – 6:30pm	Vac Care	Large Jump rope game, "44 Home"	Golden Child	Pac man & Dragon dance	Dodgeball

Monday AM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM
				
Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
				
				

**MONDAY**

**AM:**

**PM:**

**TUESDAY:**

**AM** <https://littlebinsforlittlehands.com/shadow-science-physics-activity/?epik=dj0yJnU9UG91dTdIOHlkOTNWcmU2SjM2OHdOMWtmQ1litDE1eV8mcD0wJm49WDZ0YTJzZmM5RZWhQNVYtYlclLXBidyZ0PUFBQUFBR0h4cGtv>

<https://www.activityvillage.co.uk/catch-the-dragons-tail>

**PM:**<https://artfulparent.com/diy-marbled-paper/>

[https://www.hutongblog.co.uk/the-story-of-our-wishing-tree/?fbclid=IwAR2IJ4AH1mSibo6u-Sp0iaAwJhDS\\_QWwhe2DmXjx2zUMo6GcvVp2-1ugkA8](https://www.hutongblog.co.uk/the-story-of-our-wishing-tree/?fbclid=IwAR2IJ4AH1mSibo6u-Sp0iaAwJhDS_QWwhe2DmXjx2zUMo6GcvVp2-1ugkA8)

(children will write a wish on a piece of card, they then tie it with some string to a button. Children then have to throw their wish onto the tree from a distance, attempting to get the wish to stay first try, if it falls then that wish is gone. at the end of the week any remaining wishes are supposed to come true.)

**WEDNESDAY:**

**AM:** <http://123kidsfun.com/free-printable-masquerade-masks>

<https://www.activityvillage.co.uk/chinese-ball>

**PM:**

<https://www.firstpalette.com/craft/paper-lantern.html>

**THURSDAY:**

**AM:**

**PM:** <https://besttoys4toddlers.com/shaving-cream-color-mixing-sensory-bag/>

Children are encouraged to write fortunes on small pieces of paper, which are then folded and put in a hat, children then randomly draw out a fortune from the hat.

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FRIDAY:

AM

PM: <https://thecraftyclassroom.com/crafts/fall-leaf-art-projects-for-kids/fall-art-projects-for-kids/>

The ninja game is a move and freeze game, children gather in a circle, with the leader counting down to a jump pose. then the leader picks the best pose to go first. The child on their go attempts to karate chop the child to their lefts arm in one motion and then freeze. If the child makes contact then the person who's arm was chopped loses their hand and has to play one handed with the hit one going behind their back. when a child loses both arms then they are out. the game ends when there is just one ninja left.

**Materials required:**

buttons

Fortune cookies

Kites

Badminton set(s)

<i>Programming Codes:</i>	<i>F: Follow Up</i>	<i>DD: Daily Diary</i>	<i>CC: Cultural Considerations</i>	<i>CS: Child Suggestion</i>	<i>PS: Parent Suggestion</i>	<i>SS: Staff Suggestion</i>	<i>E: Extension</i>	
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