

## D-15 Allergies

### NQS

QA. 2.1	Health.
QA. 2.1.1	Wellbeing and comfort.
QA. 2.1.2	Health practices and procedures.
QA. 4.2.2	Professional standards.
QA. 6.1	Supportive relationships with families.
QA. 6.1.1	Engagement with the service.
QA. 7.1.2	Management systems.

### National Regulations

Reg. 77	Health, hygiene and safe food practices
Reg. 90	Medical conditions policy
Reg. 91	Medical conditions policy to be provided to parents
Reg. 162	Health information to be kept in enrolment record
Reg. 168	Education and care service must have policies and procedures

### My Time, Our Place

LO. 1	Children feel safe, secure, and supported
LO. 3	Children have a strong sense of wellbeing

### Policy Statement

We aim to provide safe and effective care of children by ensuring educators are fully aware of the individual needs of all children, including their reactions to, and management of, allergies. Policies and practices relating to allergy management will be reviewed regularly.

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### Related Policies

- NORMANHURST OSHC Policy A-4: Enrolment
- NORMANHURST OSHC Policy C-3: Educator Orientation and Induction
- NORMANHURST OSHC Policy C-9: Relief Educators
- NORMANHURST OSHC Policy C-10: Volunteers/Students/Visitors
- NORMANHURST OSHC Policy D-1: Dealing with Medical Conditions
- NORMANHURST OSHC Policy D-2: Hygiene
- NORMANHURST OSHC Policy D-3: Food and Nutrition
- NORMANHURST OSHC Policy D-4: Food Safety and Handling

- NORMANHURST OSHC Policy D-17: Anaphylaxis

## **Procedure**

Parents will be required to inform the Centre of any allergies the child may have at the time of enrolment. This information will be recorded on the enrolment form.

Where the child has a severe allergy, the parents will be asked to supply a colour copy of the ASCIA Allergy Management plan from their doctor explaining the effects if the child was to be exposed to a particular allergen and the action required, as per Regulation 90. Children with Anaphylaxis will be required to provide the colour copy of the ASICA "Action Plan for Anaphylaxis" from the child's doctor, with current colour photo. Without these plans, a child's enrolment will not be confirmed. A medical kit with the child's medication will also be required before enrolment is confirmed.

A risk minimisation and communication plan will be provided to all parents and must be completed and signed before enrolment is approved.

Parents will be reminded of this requirement through the Family Handbook.

Permission will be sought from the parent for their child's action plan to be placed in a visible spot in the kitchen.

All educators will be informed of the current enrolments with allergies on an ongoing basis. A list will be kept of all children with particular allergies and educators will be responsible for referring to the list at the commencement of each shift.

All relief educators and volunteers will be informed of the list on initial employment and provided orientation on what action to take in the event of a medical emergency involving the child.

## **Food Allergies**

Parents will be required to provide an outline of the child's current diet on a risk minimisation and communication plan (RMCP) or Severe Allergies Form. Parents may be required to provide further information regarding the allergy and action plan at the discretion of the Centre Director.

A listing of children with food allergies will be placed in the kitchen so as to be easily visible and accessible to educators.

A list of what the child cannot eat will be recorded, as well as alternatives of what the child can eat.

Parents/guardians of child with an allergy will be provided with a copy of the Allergies Policy (Regulation 91).

Practices and procedures in relation to safe food preparation and consumption will be reviewed each time an enrolment for a child with a Severe Allergy is accepted at the centre.

At minimum, this policy will be reviewed every 12 months.

If relevant, policies and practices in relation to specific needs of individual children will be developed and implemented.

## Sources

- Education and Care Services National Regulations 2011
- National Quality Standard
- Children (Education and Care Services National Law Application) Act 2010
- United Nations Rights of the Child (Article 24)
- NSW Public Health Act 2010



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Endorsed Date:	18/11/2020
Review Date:	18/11/2022