Monday AM

Guess What's In The Bag

- Calico Bag
- Random Objects

Place objects from around the building in a bag.

Get the children to close their eyes and touch the objects inside the bag.

Get the children to guess what is inside the bag.

Remind the students that some individuals cannot see and they do have to feel their way through things such as objects in bags to determine what object they are going to be getting out of the bag.

Monday AM

Charades Relay

Divide into 2 groups.

Have the teams spread out so they cannot overhear the surrounding teams.

Teams compete against each other to try and be the first to guess all items on the list.

Ask one member from each group to come to you. Whisper to them the first thing they need to act out.

Once a member guesses correctly, someone new from that team runs to the instructor for the next word.

The game is over once a team completes the entire list.

Monday PM

Cork sail boats (4.2)

- Toothpicks
- Corks
- Thick rubber bands
- 1 screw
- Sparkly card
- 1. line 3 corks together and loop 2 elastic bands over (1 at each end)
- 2. use the screw to create a hole in the cork (staff member may have to do this step)
- 3. put the toothpick into the gap created by the screw
- 4. cut a skirt shaped piece of paper for the sail and a triangle for the tip of the sail.
- 5. push the main sail down the toothpick
- 6. glue the tip to the sail
- 7. test in the water



Irish Soda Bread (2.2)

- 3 cups all-purpose flour
- 2/3 cup sugar
- 3 teaspoons baking powder
- 1 teaspoon salt
- 1 teaspoon baking soda
- 1 cup raisins
- 2 large eggs, room temperature, beaten
- 1-1/2 cups buttermilk
- 1 tablespoon canola oil
- 1. Preheat oven to 350°. In a large bowl, combine first five ingredients. Stir in raisins. Set aside 1 tablespoon beaten egg. In a bowl, combine buttermilk, oil and remaining eggs; stir into flour mixture just until moistened (dough will be sticky). Transfer to a greased 9-in. round baking pan; brush top with reserved egg.
- 2. Bake 45-50 minutes or until a toothpick inserted in the center comes out clean. Cool 10 minutes before removing from pan to a wire rack to cool. Cut into wedges.



Tuesday AM

Paper Fortune Cookies

- Colored printer paper
- White printer paper
- Circle template
- Double-sided tape
- Pen



Fold printer paper in quarters (i.e., fold it in half horizontally). This step will save you time & paper.

Trace circle on the folded paper using a compass (radius 1.75") or a circle stencil ~4" in diameter.

Keep paper folded while cutting. You should now have 4 circles.

With 1 circle, make a 0.5" crease at its center with fingernail.

Unfold the circle

Flip the paper around and gently bring the edges of the circle together 90 degrees to the crease.

Press crease in with thumb

Use opposite thumb and index finger to press cookie edges together. You now have the fortune cookie shape.

Place 1 message inside circle; length of paper should be 90 degrees to the crease.

Repeat steps 4-8.

Place double-sided tape (or glue) in the middle of the cookie to maintain shape.

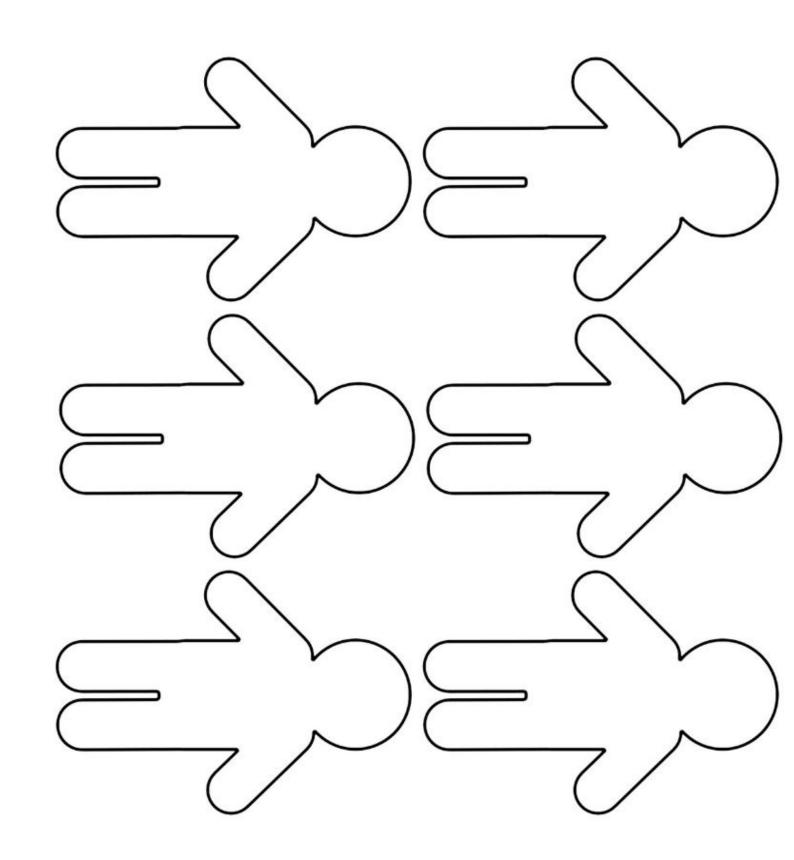
Tuesday PM

Cultures Around The World (3.1)

- person template
- coloured pencils/texters
- green and blue tissue paper
- a3 card
- glue
- texters
- 1. have children draw themselves on the person template
- 2. cut them out
- 3. names on them somewhere
- 4. the staff member will roughly draw the outline of the countries on a circle on the a3 card



5. have a few students stick green and blue tissue paper on the globe



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Can Curling (4.2)

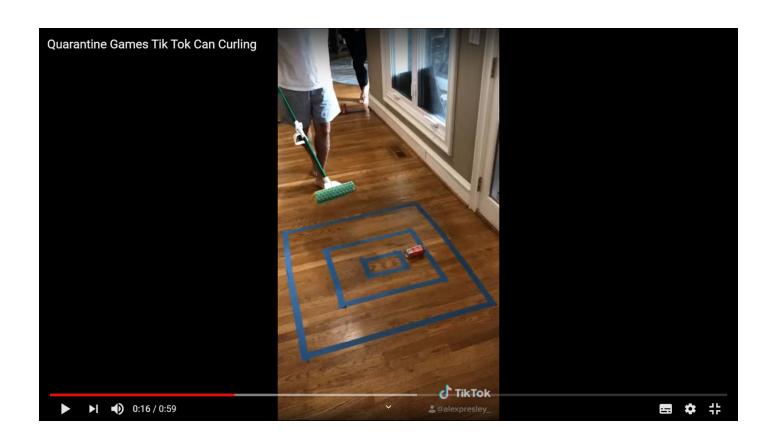
- several cans
- tape
- brooms

set up a target zone like in the picture

have teams take turns rolling a can to score points

teams may have one sweeper to polish the floor in front of the can to help weight it correctly.

https://www.youtube.com/watch?v=kJAxknYregk



Wednesday AM

Christmas Cards

- Coloured card
- Felt
- Buttons
- Star stickers

Fold the card in half.

Cut the felt out into a rectangle and triangle shape.

Glue the rectangle felt shape on the card and then the triangle onto of the rectangle.



Add a star on top and buttons and other decorations to act as christmas ornaments.

Wednesday PM

Handbag Craft (4.1)

- Corrugated cardboard (i.e. cardboard boxes)
- Brown paper
- Sticky tape
- hole punch
- pipecleaners
- beads
- string
- texters
- 1. cut 2 identical handbag shapes out of the cardboard
- 2. tape paper between the 2 pieces of cardboard
- 3. reinforce the tips of the paper with some tape
- 4. hole punch the sticky taped bits up the top
- 5. cut a pipecleaner in half and put 1 bit in each hole punched area
- 6. make a loop out of the pipecleaner
- 7. thread beads on the string and then tie the string to each end of the handbag
- 8. decorate as desired



Thursday AM

All About Me Poster

- Paper
- Textas
- Coloured Paper

Get the children to make a poster that is all about them.

Get them to include their name, age, culture, pets, favourite things and any other things that they want to include.

Get them to draw a picture of themselves.



Exploring Emotions Drama

Sit in a Drama circle.

With very little explanation simply say that we're going to pass a smile around the circle. Start this off by passing a big smile to the person sat to your left, and then encourage it all the way around.

Using the same principle, pass further emotions or feelings.

Sad

Excited

Angry

Hungry

Scared

etc

Thursday PM

Paddlepop Bracelets (4.1)

This activity needs preparation the night before

- popsicle sticks (boiled and shaped the night before)
- jars for shaping and cooling
- paint or nail polish to draw and decorate

Night before

- 1. Boil craft sticks in water on the stove for about 15 minutes. Let them sit in the water for another 30 minutes afterwards. You want the sticks to soften and be able to bend without breaking. (Tip: Boil a few extra sticks in case some break.)
- 2. Gently bend bracelets and place in small jars or drinking glasses to dry overnight.

on the day

 supply texters and paints/nail polish to the children and allow them to first design using texters and then paint or nail polish their design on 	
lack	

European Handball (4.3)

rules

- After receiving the ball, players can pass, keep possession, or shoot the ball.
- Players are not allowed to touch the ball with their feet, the goalkeeper is the only one allowed to use the feet but only within the goal area
- If possessing the ball, players must dribble (similar to a basketball dribble), or can take up to three steps for up to three seconds at a time without dribbling.
- No attacking or defending players other than the defending goalkeeper are allowed to touch the floor of the goal area (within six metres of the goal). A shot or pass in the goal area is valid if completed before touching the floor. Goalkeepers are allowed outside the goal area, but are not allowed to cross the goal area boundary with the ball in their hands.
- The ball may not be passed back to the goalkeeper when they are positioned in the goal area.



Friday AM

Finger Puppets

- Pipe cleaners
- Pom Poms
- Googly eyes

Take a pipe cleaner and wind it around your baby finger Wind it as tight as you can.

With the remaining end of the pipe cleaner, bend it into a loop and make the first ear Then bend the rest and make the second ear

Glue to glue pom poms and pipe cleaners together. Glue the googly eyes too.



Friday PM

Stick Christmas Trees (2.4)

- sticks (from outside)
- hot glue
- string (green coloured)
- pom poms
- buttons
- craft glue
- yellow card
- scissors
- 1 Make a stick tree by breaking twigs and using the glue gun to fix them together. You need two long side pieces, one short crosspiece and a little trunk.
- 2 Cut a long length of green yarn and tie one end onto the tree. Then wrap the yarn around the tree over and over again going from side to side and working your way up and down.
- 3 When you have built up a green middle tie the loose end of yarn to the tree.
- 4 Glue your tree decorations onto the strands of yarn. You can use mini pom poms, buttons, beads, sequins or anything else you fancy.



5 – Keep adding decorations until your stick Christmas tree craft is beautifully decorated.

Rock paper scissors tag (1.3)

https://www.playworks.org/game-library/rock-paper-scissor-tag/#:~:text=Everyon e%20each%20team%20stands%20on,player%20on%20the%20opposite%20team.&t ext=The%20player%20who%20wins%20the,before%20reaching%20the%20outside %20line.

- Everyone on each team stands on an outside line facing each other.
- When the leader gives the signal, teams walk to the center line and pair up with a player on the opposite team.
- On another signal, each pair plays Rock Paper Scissor. The player who loses the game of Rock Paper Scissors quickly turns and runs back to her or his outside line. The player who wins the game of Rock Paper Scissors, chases the other player attempting to tag them before reaching the outside line.
- Then have each player go back to their line. Have one line shift players down one spot so they will meet a new opponent at the center line. And repeat.

Variations

- Variation 1 Have each team quietly pick what item everyone will play -- rock, paper or scissors. When teams meet at the center line, everyone plays at once. One entire team then chases the other entire team back to their line. If a player is tagged, that player must join the other team
- Variation 2 normal tip but when a person is tipped they have to do scissors paper rock with the tipper, if the lose then they become the tipper and if they win they get a 3 second headstart and are not the tipper.