



N.O.O.S.H

**Program Term 4 Week 7: Children's Choice Week
23rd November - 27th November 2020**

Monday

Tuesday

Wednesday

Thursday

Friday

**M
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G**

**Breakfast
7am – 8.30am**

Wholemeal toast with a selection of spreads (butter, avocado, cream cheese & vegemite) and a selection of cereals (weetbix, cheerios, cornflakes, rice bubbles & sultana bran)

**Creative Activities
7am – 8.30am**

Wool Bracelet Making
(SS)

Free Drawing (CS)

3D Fruit (CS)

Stress Balls (CS)

Chatterboxes (F)
(E.G.)

**Activities and
Games
7am – 8.30am**

Cops and Robbers
(SS)

Twister and Chess
(CS)

Magic Tricks (F)
(W.H.)

Basketball Knockout
(SS)

Theatre Sports (F)
(W.H.)

Programming Codes:

F: Follow Up

DD: Daily Diary

CC: Cultural Considerations

CS: Child Suggestion

PS: Parent Suggestion

SS: Staff Suggestion

E: Extension



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Afternoon Tea
3.15pm – 3:45pm

Burritos with
beans/minced beef

Yogurt, muesli &
fruit salad cups

Sao Crackers with
Cheese/tomato/
ham/vegemite

Zucchini Slice

Toasted Wholemeal
Sandwiches with
cheese/tomato/
spaghetti

Craft
3.30pm – 5:30pm

Coloured Pasta
Jewelery
(SS)

Easy Kaleidoscope
craft
(F) (RM)

Snowflake Craft
(CS)

Popsicle weaving
(CS)

Paper Plate Fox
(CS)

Sport
4:00pm – 5:30pm

Cricket
(CS)

Bull rush
(CS)

Soccer
(CS)

French Cricket
(F) (VV)

One Bounce
(CS)

Activity
3.30pm – 5:30pm

Cooking Scones
(CC)

Peg Game
(F) (HA)

Balloon volleyball
(F) (LR)

Bauble Toothpick
Towers
(F) (OH)

Gardening Club
(CS)

Late Activity
5:45pm – 6:30pm

True or false
elimination game

Sleeping lions

Uno/card games

Silent ball

Movie

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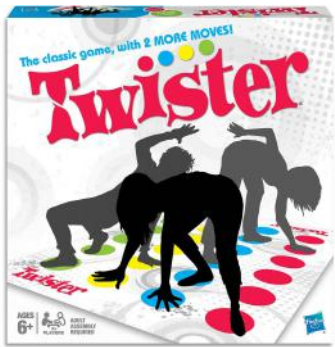

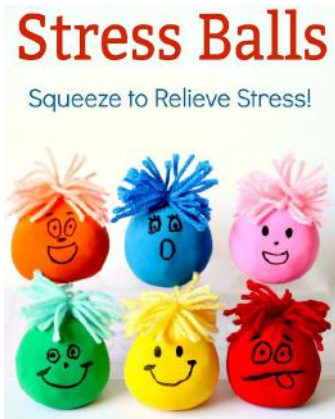






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<p>Monday AM</p> 	<p>Tuesday AM</p> 	<p>Wednesday AM</p> 	<p>Thursday AM</p> <p>Stress Balls Squeeze to Relieve Stress!</p> 	<p>Friday AM</p> 
<p>Monday PM</p>  <p>From Downriver To Downright Country</p>	<p>Tuesday PM</p> <p>Paper Plate & Cup Kaleidoscope</p>  <p>Kid Friendly Things To Do</p>	<p>Wednesday PM</p> 	<p>Thursday PM</p> <p>Popsicle Stick Weaving Craft</p>  <p>Made with Blossom Box Kids</p>	<p>Friday PM</p>  <p>CRAFTYMORNING.COM</p>

MONDAY :

AM: <https://www.instructables.com/how-to-make-a-friendship-bracelet-1/>

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AM: <https://www.care.com/c/stories/4051/10-easy-magic-tricks-for-kids/en-au/>

PM: <https://www.easypeasyandfun.com/how-to-make-pasta-necklaces/>

PM: <https://www.taste.com.au/recipes/basic-scones/12d869d1-2ac9-44ae-a88d-11354729fcb5>

TUESDAY:

<https://kidfriendlythingstodo.com/paper-plate-cup-kaleidoscope-simple-craft-kids/>

WEDNESDAY:

AM: <http://krokotak.com/2017/08/3d-paper-fruits/>

PM: <https://earlylearningideas.com/snowflake-craft/>

THURSDAY:

AM: <https://www.themakeyourownzone.com/got-stress-make-your-own-stress-ball/>

PM: <https://www.prettyopinionated.com/2015/03/blossom-box-kids-simple-inspired-crafting-fun-for-kids-and-mom/>

PM: https://babbledabledo.com/science-for-kids-toothpick-structures/#_a5y_p=1902909

FRIDAY:

AM: <http://play-based-parenting.com/empathy-emotional-intelligence-chatterbox/>

AM: <https://girlsbrigade.org.au/wp-content/uploads/2017/10/BreakawayTheatreSports.pdf>

PM: <https://www.craftymorning.com/paper-plate-fox-craft/>

Resources Required

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Flour

Balloons

Penne Pasta

Butter

Milk

Cream

Jam

Paper plates/cups

Pipe Cleaners

Beads

Packing peanuts

Toothpicks

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