### Senior Program Term 2 Week 10

#### 29<sup>th</sup> June – 3<sup>rd</sup> July 2020

		Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Oval</b> 3.30pm – 5:30pm	Ball Throwing Categories Game (F) (17/06/2020) (A.C. E.C.)	Wall Ball (CS) (M.J.)	Obstacle Course (F) (20/05/2020) (H.S.)	Crab Soccer (F) (19/06/2020) (J.Y. E.W.)	Dodgeball (CS) (R.G.)
	<b>Cola</b> 4:00pm – 5:30pm	Tetris Craft (F) (12/06/2020) (O.W.)		Create Your Own Superhero (F) (15/06/2020) (N.R)		
	Noosh Area 3.30pm – 5:30pm		Snail Poster/Craft (F) (18/06/2020) (S.J.)		Watercolour Flower (SS)	Gardening Club with Tommy (F) (19/06/2020) (P.F.)
	Late Activity 5:45pm – 6:30pm	20 Questions	Heads Down Thumbs Up	Silent Ball	Card Games	Movie
	Spontaneous Activities					

# **Ball Throwing Categories Game**

- Ball
- 1. Pick a topic eg. foods, capital cities, and every time they touch the ball they have to say a word that fits into that category that has not already been said.
- 2. If you hesitate you are out

# **Tetris Craft**

Paper grid

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- Paper Tetris shapes
- 1. Get children to cut out the shapes
- 2. They can play the game 😊

## Snail Poster/Craft

- Paper
- Pencils
- Textas
- 1. Get children to draw a picture of a snail
- 2. They can write fun facts they have learnt/know about snails Here are some facts you can tell them:



- They can be split into three categories: land snails, sea snails and freshwater snails
- Most snail species have a ribbon-like tongue called a radula that contains thousands of microscopic teeth. The radula works like a file, ripping food up into tiny pieces.
- The giant African land snail grows to about 38 cm (15 in) and weigh 1 kg (2lb)
- The majority of snails are herbivores eating vegetation such as leaves, stems and flowers, some larger species and marine based species can be predatory omnivores or even carnivores
- Depending on the species snails can live 5 25 years

# **Obstacle Course**

- Balls
- Hoola hoops
- Skipping ropes
- Hurdles
- 1. Place equipment in an obstacle course layout.
- 2. Get the children to complete it teams (two identical courses and race) or get children to individually complete.

## **Create Your Own Superhero**

- Paper
- Pencils
- Textas
- 1. Get children to create their own superhero. Give it a name, design a costume and their special talent.
- 2. Draw and write a small blurb about their superhero

# **Crab Soccer**

• Soccer ball

- 1. Divide the group into two teams with two goalies.
- 2. Explain the crab position (both hands and feet touching the ground, with stomachs toward the ceiling/sky)
- 3. Only movement in the crab position is allowed for the entire game.
- 4. Players can only kick or hit the ball with their feet and/or head; no hands are allowed.
- 5. The leader drops the ball in the centre of the field for a kick-off to begin the game, as well as after each point is scored.
- 6. Each team is trying to put the ball into the opposing team's goal.
- 7. If the ball goes out of bounds, the leader throws it back into play.

## Watercolour Flowers

- Watercolour paint palette
- Uncoated paper plates
- Brushes (If using watercolours)
- Stapler or glue
- Markers, chalk markers, crayons or oil pastels (for added embellishments)
- 1. Cut out flower petal shapes.
  - Begin by cutting multiple flower shapes from paper plates in decreasing sizes.
- 2. Staple or glue petals together.
  - Next, staple or glue them together in the centre.
- 3. Paint with watercolours.
  - Now paint the flower petals & stems with watercolour paint.
- 4. Add additional decorations!
  - Finally, if you like, embellish your flowers with additional drawings before or after painting them. We used chalk markers over the dried paint, which created a lovely effect.

