



## Junior Program Term 2 Week 7

8<sup>th</sup> June- 12<sup>th</sup> June 2020

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning Experiences</b>	<b>Inside Activities 7am – 8.30am</b>	Friendship bracelets (CS)	Heart Art	Drawing (F) (CS) (29/5)	Board games/bug bingo (F) (26/5)	Superhero Mask Craft (F) (27/5)
	<b>Quiet Play 7am – 8.30am</b>	Reading Corner	Reading Corner	Reading Corner	Reading Corner	Reading Corner
	<b>Outdoor Play 8.00 – 8.30am</b>	Agility exercises	Penalty shoot out (CS)	Handball (F) (29/5)	Traffic simulation course set up outside (Basketball court) (F) (CS)(28/5)	One bounce (Basketball court)
	<b>Spontaneous Activities</b>					



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		Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Oval</b> 3.30pm – 5:30pm				Staff vs Kids soccer game (F) (CS)	
	<b>Basketball court</b> 4:00pm – 5:30pm	Timed RC obstacle course creation and testing (F) (27/5)	Maze run (F) (26/5)		Concentric triangle craft (CS)	Cricket
	<b>Outside Noosh</b> 3.30pm – 5:00pm		Forcings back	Obstacle course		
	<b>Noosh Room</b> 3.30pm – 5:30pm	Optical illusion hand craft (F) (21/5)		Origami (F) (29/5)		Making cookies (CS)
	<b>Late Activity</b> 5:45pm – 6:30pm	Murder winks	Boggle board	Celebrity heads	Trivia (F) (31/5)	Movie
	<b>Spontaneous Activities</b>					

Resources

- Wool
- Coloured paper
- Stapler
- Square origami paper
  
- 225g butter, softened
- 110g caster sugar
- 275g plain flour
- 1 tsp cinnamon or other spices (optional)
- 75g white or milk chocolate chips (optional)
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## Friendship Bracelets

- Wool
  - Scissors
1. Take the first strand, and pass it over the second strand, and then behind as shown in the photo. It is important you knot OVER the second strand, it'll give it the right look.
  2. Now hold the second strand taut, and pull the first strand up and towards the large knot. Pull until you meet resistance, but not any harder! This will create a small knot on on the second strand.
  3. Make another knot by tying the first strand around the second strand again - just repeat what you did before!
  4. Continue moving across to the right, using the first strand to create two knots on each strand of floss/yarn in the bracelet.
  5. Once you've knotted all the way across to the right and reached the last strand of floss/yarn, begin again using the first strand on the left. Make sure you're making TWO knots on each strand.

## Agility Exercises

- High knees
- Cone drills: running
- Planks
- Skipping rope

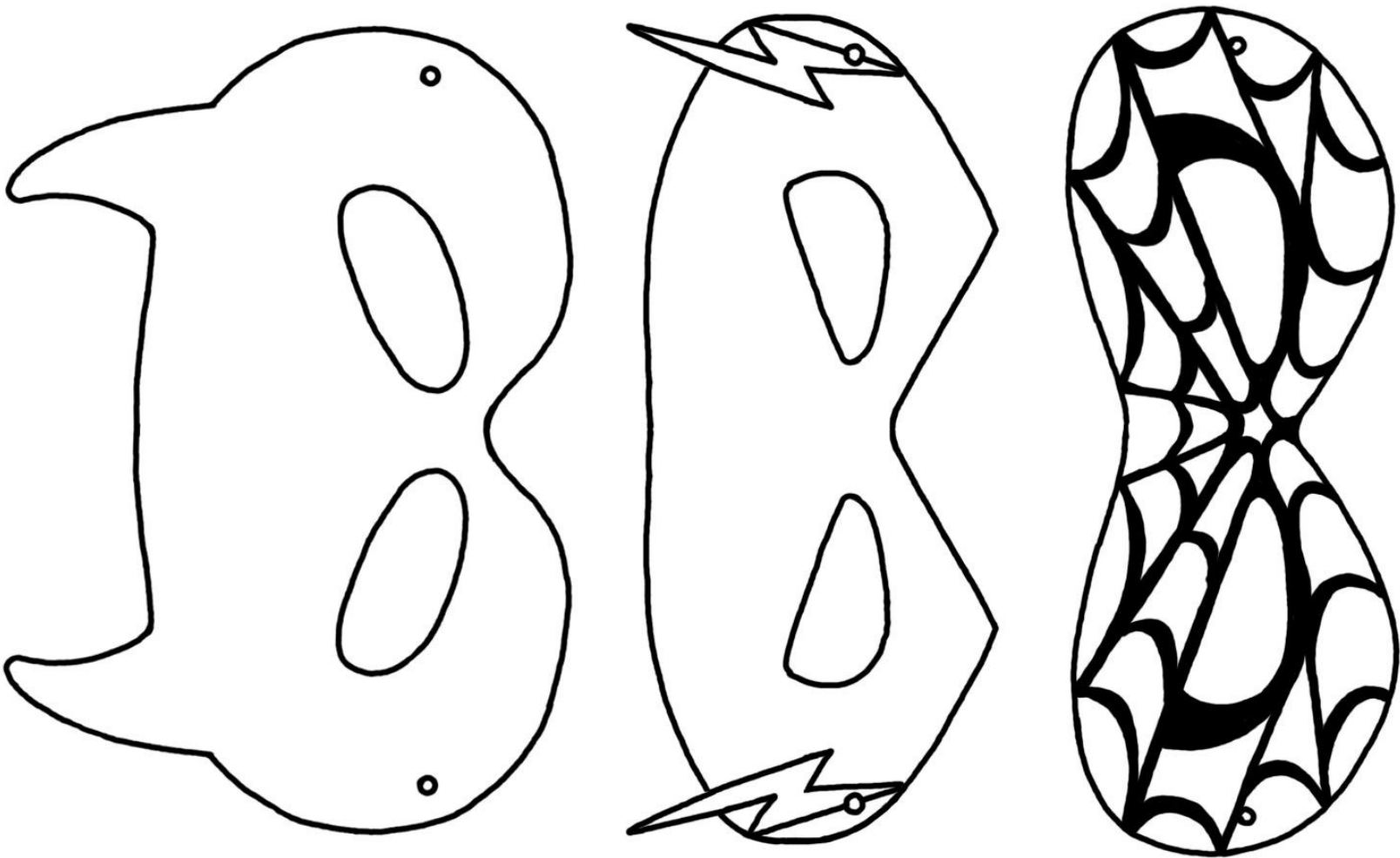
## Heart Art

- Coloured Paper
  - Stapler
1. Start by cutting yourself paper strips
  2. Next, lay them out so that you can see each colour, in rainbow order. Whichever colour is on the bottom will be the outer layer of the heart. Grab your strips and trim off the colours that hang over the bottom of your outer colour.
  3. Starting with your smallest strip, create a teardrop.
  4. Next, fold over the colours until you get to the bottom colour. Secure your rainbow teardrop with the stapler and repeat.



**Superhero Mask Craft (F)**

© 2011 Laura E. Horning <http://stuck-on-glue.blogspot.com>



## Optical illusion hand craft

### Materials

paper

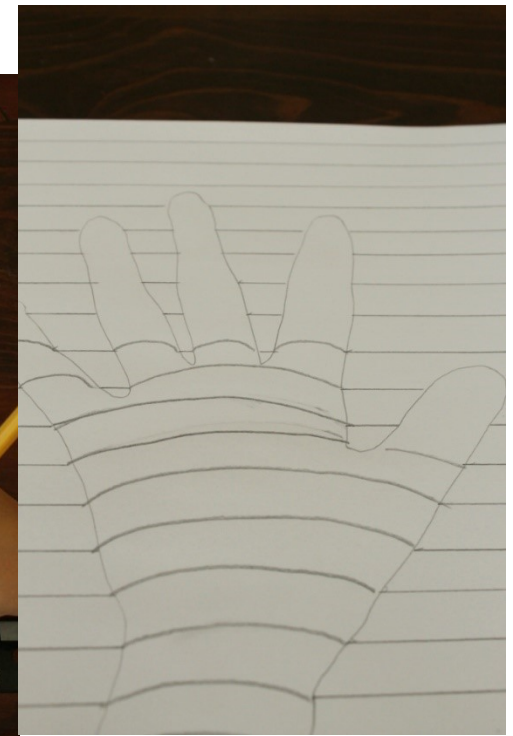
rulers

coloured texters

pencils

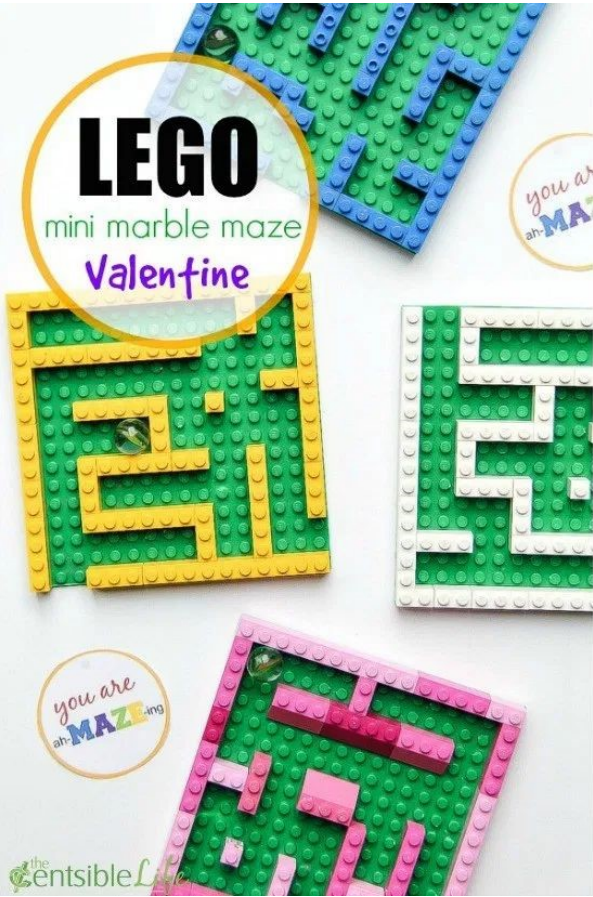
### steps

1. Trace your hand onto a sheet of paper (aim for the middle of the paper and include your arm until it reaches off the sheet).
2. Use a ruler to create straight lines across the page (can use coloured texter here).
3. Create a slight bump between lines in the same colour to create the hand illusion





**Lego maze run**



Using lego and marbles children create various mazes and test theirs and others.

## Origami butterflies

### Materials

Square paper

### Steps

Follow this link for step by step guide on how to make the butterflies

(<https://www.youtube.com/watch?v=cZdO2e8K29o>)

Have kids write their names on the wing and collect for a display



Programming Codes:	F: Follow Up	DD: Daily Diary	CC: Cultural Considerations	CS: Child Suggestion	PS: Parent Suggestion	SS: Staff Suggestion		
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## Concentric triangle craft

Children are shown the finished product and asked to replicate it

Materials

Texters

Paper

Ruler

Steps

1. Draw large triangles throughout the page that touch (share lines)
2. Draw smaller triangles inside the triangles, getting smaller and smaller (can use alternate colours or the same colour)



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## Making cookies

### Ingredients

- 225g butter, softened
- 110g caster sugar
- 275g plain flour
- 1 tsp cinnamon or other spices (optional)
- 75g white or milk chocolate chips (optional)

### Steps

1. Heat the oven to 190C/170C fan/gas 5. Cream the butter in a large bowl with a wooden spoon or in a food mixer until it is soft. Add the sugar and keep beating until the mixture is light and fluffy. Sift in the flour and add the optional ingredients, if you're using them. Bring the mixture together with your hands in a figure-of-eight motion until it forms a dough. *You can freeze the dough at this point.*
2. Roll the dough into walnut-sized balls and place them slightly apart from each other on a baking sheet (you don't need to butter or line it). Flatten the balls a little with the palm of your hand and bake them in the oven for around 10-12 mins until they are golden brown and slightly firm on top. Leave the cookies on a cooling rack for around 15 mins before serving.

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## **Activities**

### **Traffic simulation course set up outside (Basketball court)**

Using the traffic signs, cones and tape, have children create a road simulation which they can walk through.

### **Forcings back**

This is a rugby based kicking game. This is a territory kicking game.

#### Rules

- The goal of Force Back is to kick the ball down the field towards the opposition's goal line.
- A point is scored when the ball bounces over the back line, not if it goes over on the full.
- If a player catches a kick on the full, their team can advance five paces.
- The first team with 10 points on the board wins
- You cannot move with the ball unless you catch it on the full

### **Timed RC obstacle course creation and testing**

**Students use various sports equipment to create an obstacle course for the rc car to be driven through or over with the quickest time winning.**

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